

**Dear Parents,**

I wish you all a very happy, prosperous and healthy 2022.

I hope that you and your near and dear ones are hale and hearty.

As per the instructions issued by the Government of Uttarakhand, we have decided to reopen the school for students of classes **V to VIII (already studying students only), on March 7, 2022.**

**Guidelines to parents of students of classes V to VIII:**

I would like to share with you the procedure that you, as parents, have to follow, for the reporting of your ward.

1. We are sending you a “Proforma of willingness to send the child to school”, please download and take a hard copy of the same.
2. This proforma must be duly filled-in and signed by both the parents (Mother & Father).
3. **A copy of duly filled-in and signed proforma must be submitted along with “Self Declaration Form” at the time of reporting.**
4. **You will have to submit a negative report of RT-PCR test in respect of your ward which should not be more than 72 hours old at the time of reporting of your ward in the school. No test report other than RT-PCR will be accepted.**
5. **Please ensure that you have deposited the fee before you drop your ward at the school. It may kindly be noted that no student will be accepted in the school if the dues are not paid in full on the date of joining as per “Demand of school Fee for 1<sup>st</sup> Term”.**

I assure you that we will take utmost care of your ward and will try to strengthen him physically, mentally and emotionally, in these trying times.

Warm regards



(Principal)

**Enclosures:**

1. Proforma of willingness to send your ward to school
2. Self Declaration Form
3. Medical Certificate issued by at least an MBBS doctor
4. Instructions for parents before sending their ward to school, during the journey and after dropping the ward at the school.

## PROFORMA OF WILLINGNESS TO SEND THE WARD TO SCHOOL

*To be submitted by the parents separately for each child*

We, (FATHER) \_\_\_\_\_ and (MOTHER) \_\_\_\_\_,  
R/o (Address) \_\_\_\_\_,  
parents of (STUDENT'S NAME) \_\_\_\_\_ Folio No. \_\_\_\_\_, who  
is studying in Class \_\_\_\_\_ in BIRLA VIDYA MANDIR, NAINITAL, Uttarakhand, do hereby agree and declare that **we are desirous of sending our child to the school and have permitted him (mentioned above) to join the school** and agree to indemnify the school and its staff against all such claims that may arise out of any sickness or treatment, which our child (mentioned above) may undergo in consequence of his joining the school.

**We fully understand the risk of viral infection load on our child**, involved in allowing him to join the school and **agree to follow the guidelines of Uttarakhand State health ministry, including him being kept under quarantine as per the decision of the doctors of the district hospital.**

**We give full authority to the school to administer necessary treatment in this regard to our child and excuse them for the actions they would take in the best interest of our child and for his well-being.**

We fully understand the risk involved and willingly and without any sort of coercion, allow our child, whose details are mentioned above to join the school.

Signature of **Mother**

(Name and Address with Mobile No.)

Signature of **Father**

(Name and Address with Mobile No.)

Date:

**SELF DECLARATION FORM**

(Please fill all particulars in **CAPITAL LETTERS** only)

1. That I, \_\_\_\_\_ Father / Mother of (Student's Name)  
\_\_\_\_\_ Class \_\_\_\_\_ Folio No. \_\_\_\_\_

declare that my child is physically fit and is ready to join the school willingly.

2. Does your ward have any of the following?

<i>Fever</i>	<i>Yes</i>	<i>No</i>
<i>Cough</i>	<i>Yes</i>	<i>No</i>
<i>Sore Throat</i>	<i>Yes</i>	<i>No</i>
<i>Breathlessness</i>	<i>Yes</i>	<i>No</i>
<i>Other: Please Specify</i>		

1. **Recent travel history:**

*Did you/your ward travel to any other country recently YES/NO*

2. **Does anybody in your immediate family fall under any of the following categories:**

*Confirmed Positive Case of Covid-19/ Active Case.*

3. **I hereby certify that my child is not suffering from any disease like Diabetes, Hyper-tension, Asthma or any such ailment which makes him pre-conditioned to becoming a serious risk in case he gets infected with the Corona virus (COVID-19).**

4. **I also fully understand the risk involved in keeping him in the hostel, in community living conditions and I am prepared to take the risk involved, without any inferences against the school or its employees or the school management.**

5. **I hereby acknowledge that the information furnished above is true to the best of my belief and knowledge.**

6. *If the information is found false, any action, as deemed fit and appropriate by the Head of School, may be taken.*

*Name & Signature of Father/Mother:*

*Date:*

# MEDICAL CERTIFICATE FOR SCHOOL

Name.....S/o.....

Class.....Sec. .... School.....

Folio No. .... OPD No. ....

Significant history of Past illness & illness in family (if any)

## Examinations :

### General Examinations :

Pulse..... B.P..... Pollor.....

R/R..... Cyonosios..... Temperature.....

Oedema..... Lymph Node.....

### Systemic Examination :

CVS..... Respiratory System..... CNS.....

P/Abdomen.....

### Surgical/Ortho Examination :

### ENT Examination :

### Eye Examination :

### Skin Examination :

### Dental Examination :

### Pathological Examination :

HB%..... Blood Group.....

ABO RH.....

Urine Examination.....

### Vaccination (if required)

Typhoid.....

Tetanus.....

### Opinion :

In my opinion child is fit / unfit for admission to a residential school situated in hills.

Date :

**Medical Officer**  
(Signature & Stamp)

**Note : Medical Officer should atleast be an MBBS.**

## INSTRUCTIONS TO PARENTS

### BEFORE SENDING THE WARD TO SCHOOL

**Dear Parents,**

Your active involvement and apt counseling of the child is the most crucial step. As we are putting the best foot forward for establishing normalcy and to adapt this 'new normal', we request you to cooperate with us. Kindly take into consideration the following points.

1. Please have honest discussions with your child regarding the importance of social distancing, cleanliness and hygiene. Please impress upon him that for COVID-19, prevention is the only cure.
2. **Please be careful that the RT-PCR tests should not be done more than 72 hours before the reporting of your ward in the school** i.e. if your ward is reporting in the school on 7<sup>th</sup> March, then the sample for RT-PCR must not be given before 4<sup>th</sup> March.
3. **If the tests are done more than 72 hours before the reporting of your child at the campus, the reports will not be accepted and we will be unable to allow him to enter the school premises.**
4. **Before dropping your child at school, please arm him with sufficient number of effective face masks, disposable gloves, sanitizers, soaps, disinfectants, disposable tissues, hand towels and other essential toiletries.**

### DURING THE JOURNEY TO SCHOOL

**(In personal vehicle / chartered taxi)**

1. Cover your entire body, particularly the face, mouth, nose and eyes.
2. Please carry food and drinking water to last the entire journey.
3. Fill the fuel tank completely.
4. Don't alight from the vehicle unnecessarily.
5. Ensure that everyone, that is, the persons accompanying him, have Aarogya Setu app installed on their mobiles.

Travel in these precarious times has to be done with utmost care. Kindly ensure the safety of yourself and the child.

**(In public transport)**

1. Cover your entire body, particularly the face, mouth, nose and eyes.
2. Please carry food and drinking water to last the entire journey.
3. Please maintain social distancing at all costs. Don't unnecessarily interact with the strangers.
4. Be very particular about personal hygiene. As far as possible, don't touch door knobs, window sills, handles; when these things have to be touched, immediately wash your hands thoroughly. It's safer to wear disposable gloves.
5. Plan your journey in such a way that you reach the school in the least possible time.

**I would suggest that since the times are not very friendly, your ward should be accompanied by just 1 or 2 persons, including the driver. Please note that your ward would be received at the main gate of the school.**

**DOCUMENTS TO BE SUBMITTED WHEN YOU COME TO SCHOOL TO DROP YOUR WARD:**

1. **Negative report of RT-PCR test in respect of your ward which should not be more than 72 hours old at the time of reporting of your ward. No test report other than RT-PCR will be accepted.**
2. **Hard copy of duly filled in and signed "Proforma of willingness to send the child to school" by both the parents (Mother and Father).**
3. **Self-Declaration Form.**
4. **Medical Certificate issued by at least an MBBS doctor.**
5. **Proof of Fee deposited in full in the school account as per the " Demand of school Fee of 1<sup>st</sup> Term -2022".**

**AFTER DROPPING THE WARD AT SCHOOL**

1. Keep in regular touch with the ward's housemaster and teachers.
2. Talk to your ward over the phone and keep encouraging him.